



FOR IMMEDIATE RELEASE

September 20, 2012

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OWN YOUR HEALTH: ATTEND A FAMILY 9HEALTH FAIR
Bring the Whole Family to One of Six Family 9Health Fairs this Fall

Denver, CO — 9Health Fair will host six Family 9Health Fairs this fall, beginning September 29 each weekend through November 3&4, 2012. If you missed the spring fairs, want to get a mid-season check or you want to bring your family, the Family 9Health Fairs can help you live healthy. Go to 9healthfair.org or call 303-698-4455 to find a location.

The Family 9Health Fairs have all of the top-notch health screenings and services just like in the spring, with low-cost flu shots, and you can bring the whole family. There are more than 20 free and six low-cost health screenings and education that address today's most critical health issues, including heart disease, diabetes, colon cancer, cervical cancer, prostate cancer, mental health and more.

2012 Family 9Health Fairs:

- College America, Ft. Collins - September 29th, 7am to 12pm
- Fraser, Fraser - October 6th, 7:30am to 11:30am
- Laradon/Clinica Tepeyac, Denver - October 13th, 7am to 12pm
- Denver Parks and Rec at Barnum Rec Center, Denver - October 20th, 7am to 12pm
- Golden Family of Churches at Bell Middle School, Golden - October 27th, 7am to 12pm
- Feria de Salud, Adams City High School, Commerce City - November 3rd & 4th, 7am to 12pm

To help you "Own Your Health", 9Health Fair also provides:

- Information on how to read your results, mailed directly to your home for you to share with your doctor. Results delivered within four weeks of your 9Health Fair visit or within two weeks if you register online.
- Calls from volunteer doctors and nurses if a critical health issue is discovered, usually within 72 hours of your 9Health Fair visit
- Free interpretation and translation services
- Free "Ask A Medical Question / Get A Referral" services at each health fair
- Free health education from hundreds of local organizations
- Free blood work vouchers available for your community's underserved
- No proof of identification required

“With jobs and healthcare weighing heavily on most people’s minds today, it has never been more important for people to really start understanding and owning their health,” said Jim Goddard, President and CEO of 9Health Fair. “Because our community-driven program is a safe, friendly and affordable way for people to learn more about their health, this year, we want people who regularly participate in 9Health Fair to bring their loved ones so that they can start taking action to live a long, high quality life.”

All Family 9Health Fair locations include the following Low-Cost Health Screenings:

For Adults:

- \$30 Blood Chemistry Screening - information on your blood sugar (glucose), cholesterol, triglycerides, liver, kidney, bone and muscle function and may show warning signs of diabetes, heart disease and other concerns
- \$15 Blood Count screening, which checks the health of your blood
- \$40 Vitamin D screening, which measures your baseline Vitamin D level
- \$25 Hemoglobin A1C screening that gives you an average blood sugar level over the past 2 to 3 months
- \$25 Prostate Specific Antigen (PSA) screening for men, which checks for prostate issues and cancer
- \$20 Colon Cancer Screening Take Home Kit, which checks for colon cancer
- Many free health screenings – check 9HealthFair.org for a list of screenings at each site

For Children (free):

- Ask Medical Questions/Get a Referral for Adults and Children
- Autism Screening for Children Ages 16-30 Months
- Blood Pressure/Pulse Screening
- Developmental Milestone Screening Ages 1 Month-5 Years
- HeartSmartKids Screening - Height/Weight/Body Mass Index
- Hearing Screening for Children Ages 4 Years and Older
- Oral Health Screening and Education
- Lions KidSight Screening Ages 2-10 Years
- Stress Assessment for Families and Teens Ages 15 Years and Older
- Free Vision Screening for Children

For more 9Health Fair information, please visit www.9healthfair.org or call 1-800-332-3078.

About 9Health Fair

9Health Fair is Colorado’s largest non-profit, volunteer-driven health fair program that promotes health awareness and encourages individuals to assume responsibility for their own health. Created by a National Institutes of Health project and 9NEWS, 9Health Fair’s free and low-cost health screenings and education program has earned unique endorsements from the Colorado Medical Society, the Colorado Nurses Association and the Colorado Hospital Association. Since 1980, 9Health Fair has impacted 1.7 million lives. As an independent 501(c)(3) non-profit organization, 9Health Fair is proud of its financial management performance, keeping its administration and fundraising expense under 17 percent of its total budget, well under the industry average of 20-25 percent.

Major sponsors for the 2012 9Health Fair include 9NEWS, Quest Diagnostics, GE and King Soopers. Special thanks to The Colorado National Guard for its continued 9Health Fair support through delivering supplies to volunteers and sites around the state.

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