



For Immediate Release
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Give Your Family a Head Start on Health

Attend a Family 9Health Fair this Fall!

Denver, CO-Make plans now to attend a Family 9Health Fair this fall! Fourteen different communities across the front range are hosting a Family 9Health Fair this fall, beginning September 13 and continuing every weekend through November 8. Each Family 9Health Fair recruits a multitude of medical professionals who volunteer their time to offer free and low-cost health screenings to Colorado families.

2014 Family 9Health Fairs:

- Feria de Salud at St. Pius X, Aurora – September 13, 7am-12pm
- Children’s Hospital, Highlands Ranch – September 20, 7am-12pm
- College America, Fort Collins – September 27, 7am-12pm
- Welte Education Center, Fountain – September 27, 7:30-11:30am
- Joy Lutheran Church, Parker – September 27, 7am-12pm
- Castle Rock Adventist Health, Castle Rock – October 5, 7am-12pm
- Fraser Valley Elementary School, Fraser – October 11, 7:30-11:30am
- Veterans Family 9Health Fair at East High School, Denver – October 12, 7am-12pm
- Barnum Recreation Center, Denver – October 18, 7am-12pm
- Hopelight Medical Clinic, Longmont – October 18, 7am-12pm
- Bell Middle School, Golden – October 25, 7am-12pm
- Mission Medical Clinic, Colorado Springs – October 25, 8am-12pm
- Anschutz Medical Campus, Aurora – November 1, 8am-1pm
- Feria de Salud at Adams City High School, Commerce City – November 8, 7am-1pm

“This fall, we are excited to be offering 14 different Family 9Health Fairs to Colorado families! The variety of screenings at each fair is just what your family needs to start the new school year off right,” Jim Goddard, President and CEO of 9Health Fair says. “We understand the importance of creating healthy habits for your family – when you’re not sure where to start, just start with 9Health Fair!”

All Family 9Health Fair locations include the following health screenings for adults (18+):

- Blood Chemistry screening (\$35) - information on your blood sugar (glucose), cholesterol, triglycerides, liver, kidney, bone and muscle function, and may show warning signs of diabetes, heart disease and other concerns
- Blood Count screening (\$20) - checks the health of your blood
- Vitamin D screening (\$45) - measures your baseline Vitamin D level
- Hemoglobin A1C screening (\$30) - gives you an average blood sugar level over the past 2 to 3 months
- Prostate Specific Antigen (PSA) screening for men (\$30) - checks for prostate issues and cancer
- Colon Cancer screening Take Home Kit (\$25) - checks for colon cancer

Before having blood drawn, fast for 12 hours (unless you have diabetes) continue taking all prescribed medications, and drink plenty of water.

In addition to the adult health screenings, Family 9Health Fairs also offer a variety of free screenings for children. These include:

- Autism Screening (Ages 16-30 Months)
- Developmental Milestone Screening (Ages 1 Month-5 Years)
- HeartSmartKids Screening
- Hearing Screening (Ages 4 Years and Older)
- Lions KidSight Screening (Ages 2-10 Years)
- Asthma Control
- Scoliosis Screening

Please check our website to see which sites offer the children's screenings you are looking for.

For Everyone:

- Flu Shots (prices vary)
- Ask Medical Questions/Get a Referral
- Height/Weight/Body Mass Index
- Blood Pressure/Pulse Screening
- Oral Health Screening and Education
- Stress Assessment for Families and Teens Ages 15 Years and Older
- Vision Screening
- Family Wellness Activities

To find the Family 9Health Fair location closest to you, or for more information, please visit www.9healthfair.org or call 1-800-332-3078.

About 9Health Fair

9Health Fair advances health awareness, providing people with the tools they need to take responsibility for their own health. 9Health Fair makes available free and low-cost health screenings and education programs in over 130 sites in communities throughout Colorado and beyond (Nebraska, Wyoming, Kansas). Started in 1970 by the National Institutes of Health and 9NEWS, 9Health Fair became an independent 501(c)(3) non-profit organization in 1987 and has impacted 1.7 million lives in its 35-year history. 9Health Fair is Colorado's largest non-profit, volunteer-driven health fair program and holds unique endorsements from the Colorado Medical Society, the Colorado Nurses Association and the Colorado Hospital Association. Major sponsors for the 9Health Fair include 9NEWS, Quest Diagnostics, Comcast and King Soopers. Special thanks to The Colorado National Guard for its continued 9Health Fair support through delivering supplies to volunteers and sites around the state.

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